

TRAINING PLAN – Urinary Catheter Management

[Support Staff Name]	
[Trainer (RN) Name and AHPRA number]	
Training undertaken for -Details of Participant	Name: Address: DOB:
Declaration by trainer: I have provided training on each element described below and deem this worker (tick one box): <input type="checkbox"/> Competent <input type="checkbox"/> Requiring further training <i>(describe specific areas for follow up at end of this document)</i>	Signature of trainer: Date:
Skills	Knowledge
Prepare to deliver support	Prepare to deliver support
<p>Understands the support plan, confirms it is the correct and current plan for the participant, and checks the participant’s specific support requirements for example, type of catheterisation, timing of catheter drainage.</p> <ul style="list-style-type: none"> Checks with the participant on their expectations, capacity and preferences for being involved in the delivery of support. Prepares for hygiene and infection control. Checks with the participant on their preferences for communication, including the use of aids, devices and/or methods. Communicates with the participant using participant-specific communication strategies, communication aids, devices, or resources, including resources in the participant’s preferred language. Checks that required equipment and consumables are available and 	<p>NDIS Code of Conduct and Practice Standards.</p> <ul style="list-style-type: none"> The role of high intensity supports in supporting participants to lead the life they choose. Understanding common and participant-specific communication supports, for example, assistive technologies, alternative and augmentative communication, communication devices. Principles of infection control and personal hygiene, for example, hand washing, disinfecting, and use of appropriate Personal Protective Equipment (PPE) such as gloves. Scope of support worker responsibilities including supervision and delegation arrangements. Roles and responsibilities of others involved in supporting a participant who uses a urinary catheter including carers, health practitioners and other workers.

<p>ready for use.</p> <ul style="list-style-type: none"> • Recognises the intensely personal nature of this type of support and makes sure the participant is ready to receive support. 	<ul style="list-style-type: none"> • Features of a safe environment for working and delivering complex urinary catheter support. • Types of catheters, the main components, and their function, for example, catheter bags, balloons and tubing.
<p>Skills</p>	<p>Knowledge</p>
<p>Implement the support plan</p>	<p>Implement the support plan</p>
<p>Checks with the participant for any specific factors or adjustments needed at the time support is provided.</p> <ul style="list-style-type: none"> • Follows hygiene and infection control procedures. • Delivers support in ways that are least intrusive or restrictive and that fit into the participant’s daily routines and preferences. • Supports the participant to position themselves for catheter insertion and/or drainage. • Supports the participant to clean and maintain healthy condition of the stoma site. • Follows procedures for intermittent catheterisation insertion for a male or female participant. • Checks catheter functioning and takes action as required including checking bag placement, checking urine levels and draining and/or replacing catheter bags. • Identifies and immediately informs an appropriate health practitioner in response to signs and symptoms of complications or infection. • Measures and records the amount and consistency of urine output and related information. • Actively involves the participant in their support, as outlined in their support plan and to the extent they choose. 	<p>Basic anatomy of the male and female urinary system.</p> <ul style="list-style-type: none"> • The risks and health problems associated with using catheters, including urinary tract infections and skin integrity issues. • Purpose and methods of hygiene and infection control. • Catheter insertion techniques appropriate to males and females to minimise infection risk and participant discomfort. • Requirements for catheter functioning including positioning of bag to ensure drainage, tube positioning. • Indicators and action required for common complications or problems such as dislodged catheter tubes, changes in appearance of urine including suspected blood in urine or confusion. • When and how to involve or get advice from the appropriate health practitioner. • Indicators and action required to respond to common health problems at the stoma site, such as wetness or signs of infection or inflammation. • Reporting responsibilities, including handover, recording observations and incident reporting.
<p>Skills</p>	<p>Knowledge</p>
<p>Review support</p>	<p>Review support</p>
<ul style="list-style-type: none"> • Checks with the participant to discuss any changes needed to the catheter support they are receiving. • Identifies, documents and reports information where a support plan is not meeting a participant’s needs. • Supports the participant to provide feedback and request changes to their support plan as required. 	<p>Procedures and responsibilities for requesting review of urinary catheter support</p>

If further training/demonstration of competency required – please list specific elements for follow up here:

- 1.
- 2.
- 3.
- 4.
- 5.