

## TRAINING PLAN – Complex Wound Care

[Support Staff Name]		
[Trainer (RN) Name and AHPRA number]		
Training undertaken for -Details of Participant	<b>Name:</b>  <b>Address:</b>  <b>DOB:</b>	
<b>Declaration by trainer: I have provided training on each element described below and deem this worker (tick one box):</b> <input type="checkbox"/> <b>Competent</b> <input type="checkbox"/> <b>Requiring further training</b> (describe specific areas for follow up at end of this document)	<b>Signature of trainer:</b>  <b>Date:</b>	
<b>Skills</b>	<b>Knowledge</b>	
<b>Prepare to deliver support</b>	<b>Prepare to deliver support</b>	
<ul style="list-style-type: none"> <li>• Understands the support plan, confirms it is the correct and current plan for the participant, and checks the participant's specific support requirements.</li> <li>• Checks with the participant on their expectations, capacity and preferences for being involved in the delivery of support.</li> <li>• Checks with the participant on their preferences for communication, including the use of aids, devices and/or methods.</li> <li>• Communicates with the participant using participant-specific communication strategies, communication aids, devices, or resources, including resources in the participant's preferred language</li> <li>• Prepares for hygiene and infection control.</li> <li>• Checks that required equipment and consumables are available and ready for use.</li> </ul>	NDIS Code of Conduct and Practice Standards. <ul style="list-style-type: none"> <li>• The role of the high intensity supports in supporting participants to lead the life they choose.</li> <li>• Understanding common and participant-specific communication supports, for example, assistive technologies, alternative and augmentative communication, communication devices.</li> <li>• Principles of infection control and personal hygiene, for example, hand washing, disinfecting, and use of appropriate Personal Protective Equipment (PPE) such as sterile gloves.</li> <li>• Scope of worker responsibilities, including supervision and delegation arrangements.</li> <li>• Roles and responsibilities of others involved in providing wound and pressure complex wound management support to the participant including carers, health practitioners and other workers.</li> </ul>	

	<ul style="list-style-type: none"> <li>• Features of a safe environment for working and delivering complex wound management support.</li> <li>• Common consumables used in complex wound management and their function, such as, types of dressings.</li> </ul>
<b>Skills</b>	<b>Knowledge</b>
	<p>Basic understanding of different types/classifications of wounds and related care requirements.</p> <ul style="list-style-type: none"> <li>• Function of common equipment used to support wound and pressure injury management and basic troubleshooting procedures.</li> </ul>
<b>Implement the support plan</b>	<b>Implement the support plan</b>
<p>Checks with the participant for any specific factors or adjustments needed at the time support is provided.</p> <ul style="list-style-type: none"> <li>• Follows hygiene and infection control procedures, for example, hand washing, use of sterile gloves and disinfecting the environment.</li> <li>• Carries out methods for positioning and turning to prevent a pressure injury.</li> <li>• Delivers support in ways that are least intrusive or restrictive and fit into the participant's daily routines and preferences.</li> <li>• Checks skin integrity to identify indications of initial or worsening infection and takes required action to involve or get advice from the appropriate health practitioner.</li> <li>• Supports the use of lymphoedema machines or assistive circulatory devices as required.</li> <li>• Monitors and records information required by the support plan.</li> <li>• Works collaboratively with others to ensure continuity and effective delivery of support concerns to the responsible health practitioner.</li> <li>• Actively involves the participant in their support, as outlined in their support plan and to the extent they choose</li> </ul>	<p>Basic understanding of risk and symptoms of pressure injuries such as, blistering, swelling, dry patches, a change in colouring, shiny or warm areas.</p> <ul style="list-style-type: none"> <li>• Basic understanding of risk factors for pressure injuries, for example, unable to reposition independently, participants with health conditions including diabetes.</li> <li>• Common strategies to prevent pressure areas and worsening wound status including frequent repositioning (which may include prompting for the participant), appropriate diet to support healing and use of assistive equipment such as lymphoedema machines or assistive circulatory devices.</li> <li>• Basic understanding of the process and stages of wound healing to identify improving or deteriorating conditions.</li> <li>• When and how to involve or get advice from the appropriate health practitioner.</li> <li>• Reporting responsibilities including, handover, recording observations and incident reporting</li> </ul>
<b>Skills</b>	<b>Knowledge</b>
<b>Review support</b>	<b>Review support</b>
<p>Checks with the participant and supervising health practitioner to discuss any changes needed to the wound and complex wound management support they are receiving.</p> <ul style="list-style-type: none"> <li>• Identifies, documents and reports information where a support plan is not meeting a participant's needs.</li> <li>• Supports the participant to provide feedback and request changes to</li> </ul>	<p>Procedures and responsibilities for requesting review of wound and complex wound management support.</p>

their support plan as required.	
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**If further training/demonstration of competency required – please list specific elements for follow up here:**

- 1.
- 2.
- 3.
- 4.
- 5.