

TRAINING PLAN – Stoma Care

[Support Staff Name]					
[Trainer (RN) Name and AHPRA number]					
Criteria	Theory Completed	Video training attended	Demonstrating practical supports with participant		RN Sign
			Competent	Requires Assistance	
<ul style="list-style-type: none"> • Basic anatomy of the stoma sites 					
<ul style="list-style-type: none"> • Understanding of the importance of regular bowel care • Nutrition and hydration requirements • Stool characteristics indicating healthy bowel functioning 					
Basic understanding of: <ul style="list-style-type: none"> • conditions that require stoma Cares • associated health conditions • complications including blockages, infection, overflow, skin care 					
<ul style="list-style-type: none"> • Symptoms/indications of need for intervention • When to refer to a health practitioner 					
Interventions:					

<ul style="list-style-type: none"> • Participants consent is obtained • Personal hygiene and infection control procedures are followed • Intervention options and techniques required for changing stoma bags • Waste management 					
<p>Documentation requirements</p> <ul style="list-style-type: none"> • How to observe and record any change in bowel habits using the Bowel Assessment Tool and reporting changes to the stoma site and surrounding skin 					